

Participant: **Date:**

TtW Initial set

How happy are you with your **accommodation** situation?

How confident are you with your **money** and paying your bills?

How happy are you with any **relationships** you have?

How happy are you with your current **physical** wellbeing?

How happy are you with your levels **mental** stress and wellbeing?

How happy are you with your **employment** situation?

How confident are you that you have marketable **skills** employers want?

How positive are you about your **future**?